



## Regulations Gravel Garda Trentino updated on 04/12/2025

### 1. DATE

The Gravel Garda Trentino event will take place on the date indicated on the official Bike Festival website.

### 2. START TIMES

The event will commence in the festival area.

The organiser will designate a specific time slot for the start of the event. All participants are required to start the event within this designated timeframe. Competitors who start the race outside this time frame will not be included in the rankings and will complete the course entirely at their own risk. For participants with mountain bikes, the start time is scheduled shortly after the time frame of the competitors.

### 3. RACE FEATURES

The Gravel Garda Trentino is an amateur endurance cross-country (ED) sports event along 100 or 65 kilometres of gravel and dirt routes. It is not listed in the official FCI/UCI calendar. The event seamlessly blends elements from both road and mountain biking disciplines.

These Regulations, in addition to the General Bike Festival Regulations, outline the conditions to which each participant agrees. Every participant must fully accept these regulations in order to participate in the event. The gravel rules outlined by the FCI also apply, to the extent that they are compatible and not explicitly addressed in these regulations.

The event organiser holds discretionary authority, allowing it to make event-related decisions at any time. By virtue of these powers, the organiser has the right to change the route for objective reasons (e.g. due to damage to road surfaces, bad weather, or other unforeseeable events), either extending or shortening it to an appropriate extent, including shortly before the event.

Immediate, unrestricted and unreserved compliance with instructions from event staff and public safety officials (police, fire brigade, CNSAS, etc.) is mandatory. Failure to comply may result in the organiser excluding the participant from the event. Event staff (e.g. marshals) will be made recognisable accordingly by the organiser and are authorised to provide instructions on behalf of the organiser.



#### 4. FITNESS RELEASE FORM

Participants must be at least 16 years old to take part. For individuals under 18, a participation consent form signed by a parent or legal representative is mandatory.

To participate, entrants must fill out the registration form. In the registration process, a specific approval has to be given by affixing a flag to the relevant declaration of liability after reading it thoroughly. The same applies for on-site registration.

Foreign participants residing outside Italy are required – under penalty of exclusion – to submit the health form provided by the Organizing Committee, duly signed and stamped by a sports doctor authorized in their country of residence. A copy of this health form can be downloaded from the website <http://bikefestivalriva.com>.

A copy of the medical certificate – or the health form for foreign participants – must be uploaded during the online registration process and/or in any case provided to the organization before collecting the race number.

#### 5. EQUIPMENT

All commercially available bikes are permitted, except for eBikes.

All competitors participating with a gravel bike will be included in the official rankings. Gravel bikes are defined by curved handlebars. Participation with a mountain bike (equipped with straight handlebars) is also permitted, but these participants will not be included in the official rankings for the Garda Trentino Gravel event. Instead, their times will be indicated separately in the results list.

Helmets are compulsory at all times during the event, without exception. Each participant must ensure their helmet is in perfect condition, free from damage, compliant with standards, and appropriately sized for the participant's head.

#### 6. PARTICIPATION FEE

Details about the online and on-site registration fee can be found on the official event website.

#### 7. RACE BIBS

All participants must clearly display their assigned starting number on the bike's seatpost and wear it as a bib number on their back throughout the entire event. Adverts on bibs must not be obscured or rendered unrecognisable.



## 8. TIMEKEEPING

Upon accreditation, each participant will receive a transponder with their bib number.

Timings will only be taken in three sections. The three times will be added together to obtain the final time. The time will only be measured once during the short course.

No other timings will be taken outside these sections. Each participant has a maximum time limit within which they must cross the finish line in order to score points. The maximum time limit will be announced when the start numbers are handed out.

## 9. ROUTES

There are two route options available for selection, which differ regarding their length and meters in altitude.. The routes are signposted but competitors are advised to also use the GPX files provided during accreditation. .

## 10. REFRESHMENT POINTS

There will be two refreshment points along the route.

Participants are prohibited from littering, especially at refreshment points, to prevent environmental damage.

## 11. RANKINGS and CATEGORIES

All participants in the Garda Trentino Gravel event participate as individual competitors.

Men's categories:

- |                    |                                    |
|--------------------|------------------------------------|
| • Junior Men       | M age 16 to 18 (short course only) |
| • Men              | M age 19 to 40                     |
| • Men's Masters    | M age 41 to 52                     |
| • G. Men's Masters | M age 53 and older                 |

Women's categories

- |                      |                                    |
|----------------------|------------------------------------|
| • Junior Women       | D age 16 to 18 (short course only) |
| • Women              | D age 19 to 40                     |
| • Women's Masters    | D age 41 to 52                     |
| • G. Women's Masters | D age 53 and older                 |

Mountain bikes: (all ages) no ranking



## 12. WITHDRAWAL

Participants who opt to withdraw from the event before crossing the finish line are required to inform the organiser. **Failure to do so will prompt the organiser to initiate a search for any participants who failed to report to the timekeepers, with associated costs borne by the participant.**

## 13. SAFETY INSTRUCTIONS

For safety reasons, participants are advised to bring along:

- First aid kit
- Aluminium thermal blanket
- Small refreshments (e.g. energy bar or gel, water, isotonic drinks, etc.)
- Mobile phone with the 112 Where ARE U app installed

Each participant is obliged to immediately notify the organisation or the 112 emergency number of any incidents on the route.

## 14. AWARD CEREMONY

The award ceremony will take place on the stage at the end of the Garda Trentino Gravel event, as specified on the official event website.

For the long track, prizes will be awarded for the first three places in each ranked category. Only the first 3 men and women overall of the short track will be awarded. 15. DOPING

All participants acknowledge that doping, defined as the manipulation of one's body for enhanced performance, will incur penalties in accordance with the regulations of all sports federations. Additionally, entries will not be considered from participants affiliated with a national or international federation currently serving a doping-related suspension.

## 16. DISCLAIMER

Amateur cycling – be it competitive or not, or practised on paved or unpaved roads, especially those open to the public – comes with risks to the well-being, life, and safety of participants and others, along with potential risks to public and private property and rights (inherent risks). This also involves complying with legal requirements and other regulations, as well as organisational provisions designed for specific precautions (such as the road traffic regulations, general bike festival regulations, federal sports regulations, etc.). These regulations apply to these activities and the inherent and external risks associated with them.



Understanding these risks, adopting measures to mitigate their effects, and being aware of both general and specific precautionary rules are prerequisites for participating in the event.

Each participant is thus required, throughout the event, to conduct themselves in a manner aligning with their mental and physical state, personal knowledge, experience, the nature of the route, and environmental conditions. This is to ensure they do not pose a threat to their own safety or that of others and do not elevate the inherent or external risk associated with the activity they are engaged in. By registering for the event, participants acknowledge and assume these risks, thereby releasing the organisation from any liability associated with their involvement.

Please be aware that speed should be appropriately controlled, especially on notably steep sections, those with uneven or slippery surfaces, areas with restricted visibility, near buildings or obstacles, at crossroads, forks, in fog, mist, poor visibility, or in crowded/heavy traffic, as well as at bottlenecks and when encountering slower or less experienced participants. The latter are, in any case, required to clear the way and not impede competitors approaching from behind.

The organiser shall not be held responsible for damages that do not directly result from its own serious organisational or managerial shortcomings. Instead, such liability arises from a lack of awareness regarding inherent risks or failure to adhere to measures and rules intended to exclude/mitigate their effects, as well as any other inherent risk in the activity undertaken by participants in the event.